Title: **Rules Rules!**

Exercise Code:

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| Modules: | Group size: | Duration: |
| 9. Intercultural dialog | Small group | 60 min |

# Purpose: be aware that each of us has rules and do not necessarily have to correspond to those of other people.

# Description: People constantly face with rules that can be applied or not. But what are these rules? For example, a person who is always smiling and loves physical contact, such as a hand on the shoulder, may seem nice and friendly to someone, or annoying and intrusive to someone else. Why? There are rules, and each person, according to their education and cultural context, has its own.

# Material: paper and pen

# Methods: The exercise is done in the following ways :

# take into account these categories: gentle, friendly, nice, generous, pleasant;

# For each of these characteristics, the participants individually write a list of what the rules are, as follows:

# a person to be (*characteristic*) must do / be / have this:

# \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# ....

# When all participants finish the list, they share it with the rest of the participants having comments with examples;

# Participants listen to the presentation of the list of the others without making judgements. They can only ask questions to better understand possible reasons;

# After the presentation of all participants, we compare the differences and common points

# Advice for Trainer:

# Source/Literature:

# Handouts: