Title: Building blocks

Exercise Code:

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| Modules: | Group size: | Duration: |
| 1. Social Learning  6. Problem Solving Strategies | Small group | 45 min |

# Purpose:

This exercise demonstrate the importance of efficient communication. It develops descriptive and instructional skills as well as teamwork.

# Description:

Four roles are involved: director, runner, builder and observer. One person is the director, one the runner and one the builder. Everybody else is the observer, but if the group has only three people, all share the observer role.

Put the director and builder on opposite sides of the room, with their backs to each other, each with their own set of building blocks. You, as the facilitator, are to build something with the director’s blocks. The director must then give instructions to the runner, who must relay those instructions to the builder in an attempt to have the builder create an exact replica of the director’s blocks. Limit the activity to 10 minutes, then compare the builder’s construction with the director’s. Have the group reflect on the exercise. Take feedback from all four roles, then run the exercise again--make sure to create a new original model for the director--to see how the team improves.

# Material:

Two sets of identical building blocks

# Methods:

# Advice for Trainer:

# Source/Literature:

http://www.livestrong.com/article/167054-games-for-effective-communication/#ixzz2jhbSnZDR

# Handouts:

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