Title: My culture

Exercise Code SLQUALED011

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| Modules: | Group size: | Duration: |
| 8. Situational Awareness  9. Intercultural dialog | Small group  Large group | 60 min |

**Purpose:**

Exchange of experience dealing with citizens with migration background or refugees

# Description:

In small groups, participants discuss and share ideas on:

* What is culture? What is my culture?
* How does it impact on education and work in this country?
* What is its relevance to guidance, education and work?

By developing the group’s “counselling concept”, they should integrate theoretical and practical knowledge already acquired in their professional experience. After that, group results are presented to all participants and to the trainer and then discussed and evaluated together.

# Material:

computer, flip chart

# Methods:

Experiental learning

# Advice for Trainer:

The following question can be introduced to the discussion: Imagine that you are a refugee or migrant in another country. What aspects of your own culture might create challenges for you and for a guidance counsellor there?

# Source/Literature:

Modified and adapted from: Handbook Labour Office & Clients  
Improving the Communication Between Labour Office Advisers and Their Clients   
Úrad Práce, Dunajská Streda 2006