Title: Meaning vowels

Exercise Code:

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| Modules: | Group size: | Duration: |
| 1. Social Learning  9. Intercultural dialog | Large group | 30 min |

# Purpose:

# To become aware of the influence of the way we communicate and the potential of the paraverbal language

# Description:

# People do not communicate only through the content of the words . The tone in which the content is transmitted influence the perception and understanding of the person you interact with. This exercise is based on this: communicate only with the content and tone excluding the non-verbal in the following ways:

# • We form pairs with subject A and B;

# • A and B sitting near backrest against backrest avoiding contact;

# • A " tells " an incident to B with only the sound of the vowels;

# • B, again using only vowels, tries to figure out what it says by asking questions;

# • 10 minutes after A and B compare investigating whether and how the message has been transmitted;

# • A and B change roles

# Material:

# a chair for each participant

# Methods:

# Experimental Learning, discussion

# Advice for Trainer:

# The trainer makes an introduction about how paraverbal language affects communication and makes considerations on the following percentages: content 7%, non-verbal 55%, and paraverbal 38%. Then gives some examples of simple sentences with different paraverbal language (tone, rhythm and volume).

# Source/Literature:

Modified and adapted by LiberEta from:

* 50 Communication Strategies - Joseph A. Devito, 2012.
* Winning Body Language: Control the Conversation, Command Attention, and Convey the Right Message without Saying a Word - Mark Bowden, 2010.
* La tua voce può cambiarti la vita - Ciro Imparato, 2013